

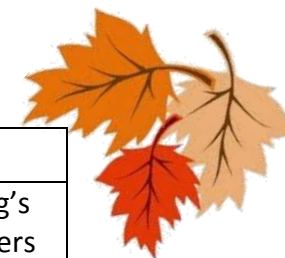
## Winter 2016 – WEEK 1



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Pizza Day! Choose a Hearty Slice of Delicious Homemade Pizza Dough with Your Favourite Toppings!  (Cheese & Tomato, or Pepperoni)	All Day Breakfast (includes 1 x Wicks Manor Farm chipolata, 1 x rasher of bacon, scrambled egg)  or	Local Butcher's Roast Chicken served with Yorkshire Pudding & Gravy  or	Spaghetti Bolognese (made with local butcher's beef mince)  or	Oven Baked Young's Omega 3 Fish Fingers  or Birds Eye Salmon Fish Fingers  served with Ketchup or Mayonnaise or
	All Day Vegetarian Breakfast (includes 2 x Quorn sausages, scrambled egg)	Roasted Sage and Onion Topped Quorn Fillet	Spaghetti Napolitane	Vegetable Nuggets
Wholegrain and White Mixed Penne Pasta  Salad Bar	Hash Brown  Baked Tomato Button Mushrooms Baked Beans Salad Bar	Buttered New Potatoes  Fresh Sliced Carrots  Shredded Savoy Cabbage	Homemade Pesto Bread  Salad Bar	Chips  Garden Peas  Salad Bar
Jacket Potato with Baked Beans and/or Cheese	Jacket Potato with Tuna Mayonnaise		Wholemeal Sub Roll filled with Chicken and Salad	
Fresh Fruit Platter  or Muller Corner Yoghurt  or Selection of Fresh Fruit	American Pancakes with Warmed Syrup  or Muller Corner Yoghurt  or Selection of Fresh Fruit	Ice Cream and Peach Slices  or Muller Corner Yoghurt  or Selection of Fresh Fruit	Flapjack with Apples and Pear Pieces  or Muller Corner Yoghurt  or Selection of Fresh Fruit	Classic Victoria Sandwich Finger  or Muller Corner Yoghurt  or Selection of Fresh Fruit



**Cold Milk available everyday**

## Winter 2016 – WEEK 2



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Sweet Chilli Chicken and Noodles with Mixed Oriental Vegetables or Homemade Macaroni Cheese	Homemade Sausage Roll (local butcher's sausagemeat in a puff pastry case) or Vegetarian Sausage Roll	Local Butcher's Roast Beef served with Yorkshire Pudding & Gravy or Lentil Roast	Homemade Spaghetti Bolognese or Vegetarian Chilli and Wholegrain Rice	Oven Baked Young's Omega 3 Fish Fingers  or Birds Eye Salmon Fish Fingers  served with Ketchup or Mayonnaise or Vegetarian Tortilla
Homemade Crusty Bread Salad Bar	Creamy Mashed Potato Baked Beans Garden Peas	Roast Potatoes Fresh Sliced Carrots Broccoli Florets	Garlic Bread Slice Salad Bar	Chips Sweetcorn & Peas Salad Bar
Jacket Potato with Cheese and Baked Beans	Wholemeal Sub Roll with Egg Mayonnaise and Salad		Jacket Potato with Tuna Mayonnaise	
Homemade Chocolate Brownie with an Orange Wedge or Muller Corner Yoghurt or Selection of Fresh Fruit	Melon, Grape and Pineapple Pots or Muller Corner Yoghurt or Selection of Fresh Fruit	Ice Cream Tub or Muller Corner Yoghurt or Selection of Fresh Fruit	NEW! Homemade Lemon and Raspberry Buns or Muller Corner Yoghurt or Selection of Fresh Fruit	Homemade Cookie and Milkshake or Muller Corner Yoghurt or Selection of Fresh Fruit



**Cold Milk available everyday**

## Winter 2016 - WEEK 3

MEAT FREE MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>JACKET POTATO DAY</b> Choose from a Selection of Tuna and Sweetcorn Baked Beans Grated Cheese Vegetarian Bolognese	Meatballs in a Rich Tomato Sauce	Local Butcher's Gammon served with Yorkshire Pudding & Gravy or	Homemade Roast Puff Pastry Topped Chicken Pie served with Gravy or	Oven Baked Young's Omega 3 Fish Fingers  or
	Quorn Meatballs in a Rich Tomato Sauce	Sage and Onion Topped Quorn Fillet	Cheese and Onion Pie	Free Range Folded Omelette
Homemade Coleslaw Pasta Salad Salad Bar	Pasta Spirals Salad Bar  Wholegrain & White Savoury Rice	Roast Potatoes Fresh Sliced Carrots Shredded Savoy Cabbage	Creamy Mashed Potato Fresh Sliced Carrots Broccoli Florets Salad Bar	Chips Baked Beans Garden Peas Salad Bar
Wholemeal Sub Roll filled with Tuna Crunch	Jacket Potato with Baked Beans		Jacket Potato with Cheese	
NEW! Chocolate Orange Zest Pudding and Custard or Muller Corner Yoghurt or Selection of Fresh Fruit	Pear Drop Tart or Muller Corner Yoghurt or Selection of Fresh Fruit	Iced Fruit Smoothie or Muller Corner Yoghurt or Selection of Fresh Fruit	Fresh Fruit Pots or Muller Corner Yoghurt or Selection of Fresh Fruit	NEW! Fruity Yoghurt Muffins or Muller Corner Yoghurt or Selection of Fresh Fruit



*Cold Milk available everyday*