







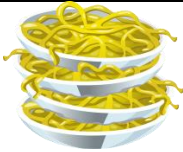


Winter 2017 - School Menu 1

MEAT FREE MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>(A)</p> <p>A Hearty Slice of Homemade Cheese and Tomato Pizza</p>	<p>(A)</p> <p>Homemade Spaghetti Bolognaise</p> 	<p>(A)</p> <p>Local Butcher's Roast Chicken served with a Yorkshire Pudding and Gravy</p>	<p>(A)</p> <p>Homemade Cottage Pie</p>	<p>(A)</p> <p>Oven Baked Young's Omega 3 Fish Fingers</p>
	<p>(B)</p> <p>Macaroni Cheese</p>	<p>(B)</p> <p>Roasted Quorn Fillet</p>	<p>(B)</p> <p>Homemade Shepherdless Pie (V)</p>	<p>(B)</p> <p>Roasted Vegetable Quesadilla</p>
<p>Baked Beans</p> <p>Homemade Coleslaw</p> <p>Salad Bar</p>	<p>Garlic Bread</p> <p>Salad Bar</p>	<p>Roast Potatoes</p> <p>Fresh Carrots</p> <p>Peas</p>	<p>Carrot Batons</p> <p>Whole Green Beans</p>	<p>Chips</p> <p>Baked Beans</p> <p>Garden Peas</p> <p>Salad Bar</p>
<p>(B)</p> <p>Jacket Potato with Cheese and Baked Beans or Tuna and Sweetcorn</p>	<p>(C)</p> <p>Jacket Potato with Bolognaise or Tuna Mayo</p>		<p>(C)</p> <p>Ham or Tuna Mayo Deli Roll with Salad Sticks</p>	
<p>Fresh Fruit Platter</p> <p>or</p> <p>Muller Corner Yoghurt or Organic Yeo Valley Yoghurt</p> <p>or</p> <p>Selection of Fresh Fruit</p>	<p>NEW!</p> <p>Magic Chocolate Pudding</p> <p>or</p> <p>Muller Corner Yoghurt or Organic Yeo Valley Yoghurt</p> <p>or</p> <p>Selection of Fresh Fruit</p>	<p>Angel Delight</p> <p>or</p> <p>Muller Corner Yoghurt or Organic Yeo Valley Yoghurt</p> <p>or</p> <p>Selection of Fresh Fruit</p>	<p>School's Favourite Homemade Cookie</p> <p>or</p> <p>Muller Corner Yoghurt or Organic Yeo Valley Yoghurt</p> <p>or</p> <p>Selection of Fresh Fruit</p>	<p>Frozen Yoghurt Pots</p> <p>or</p> <p>Muller Corner Yoghurt or Organic Yeo Valley Yoghurt</p> <p>or</p> <p>Selection of Fresh Fruit</p>

Winter 2017 - School Menu 2

MEAT FREE MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
(A) Chinese Sweet and Sour Chicken	(A) Southern Crumbed Chicken Fillet	(A) Local Butcher's Roast Beef served with a Yorkshire Pudding and Gravy	(A) Homemade Sausage Roll	(A) Oven Baked Young's Omega 3 Fish Fingers
(B) Sweet and Sour Quorn 	(B) Southern Fried Quorn Fillet	(B) Golden Vegetable Loaf	(B) NEW! Cheese and Tomato Turnover	(B) Quorn Dippers
Rice	Tomato Spaghetti Salad Bar	Roast Potatoes Fresh Carrots Whole Green Beans	Mashed Potatoes Baked Beans Garden Peas	Chips Garden Peas and Sweetcorn Medley Salad Bar
(C) Jacket Potato with Cheese or Tuna Mayo	(C) Jacket Potato with Baked Beans or Tuna Mayo		(C) Jacket Potato with Tuna Mayo	
Angel Delight or Muller Corner Yoghurt or Organic Yeo Valley Yoghurt or Selection of Fresh Fruit	NEW! Magic Chocolate Pudding or Muller Corner Yoghurt or Organic Yeo Valley Yoghurt or Selection of Fresh Fruit	100% Fruit Lolly  or Muller Corner Yoghurt or Organic Yeo Valley Yoghurt or Selection of Fresh Fruit	Fresh Fruit Platter or Muller Corner Yoghurt or Organic Yeo Valley Yoghurt or Selection of Fresh Fruit	NEW! School Favourite Cookie or Muller Corner Yoghurt or Organic Yeo Valley Yoghurt or Selection of Fresh Fruit

Winter 2017 - School Menu 3

MEAT FREE MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 <p>(A) Pasta Day! Choose from some meat free toppings: Three Cheese Tomato and Basil Ratatouille</p>	<p>(A) Local Butcher's Sausage</p>	<p>(A) Local Butcher's Roast Gammon served with a Yorkshire Pudding and Gravy</p>	<p>(A) Mild Chicken Korma</p>	<p>(A) NEW! Oven Baked Crispy Fillet of Fish in a Bubble Coating or Harry Ramsden's Salmon in a Seaside Batter</p>
	<p>(B) Linda McCartney Vegetarian Sausages</p>	<p>(B) Roasted Quorn Fillet</p>	<p>(B) Sweet Potato and Lentil Curry</p>	<p>(B) Roasted Vegetable Parcel</p>
<p>Garlic Bread Salad Bar</p>	<p>Creamy Mashed Potatoes Baked Beans  Sweetcorn</p>	<p>Roast Potatoes Fresh Carrots Broccoli Florets</p>	<p>Naan Bread Wholegrain and White Rice Salad Bar</p>	<p>Chips Garden Peas Sweetcorn Salad Bar</p>
<p>(B) Jacket Potato with Cheese or Tuna Mayo</p>	<p>(C) Ham or Egg Deli Roll with Salad Sticks</p>		<p>(C) Jacket Potato with Cheese and Baked Beans</p>	
<p>Fresh Fruit Platter or Muller Corner Yoghurt or Organic Yeo Valley Yoghurt or Selection of Fresh Fruit</p>	<p>Shortbread Finger or Muller Corner Yoghurt or Organic Yeo Valley Yoghurt or Selection of Fresh Fruit</p>	<p>Winterberry Jelly and Cream or Muller Corner Yoghurt or Organic Yeo Valley Yoghurt or Selection of Fresh Fruit</p>	<p>Homemade Chocolate and Orange Sponge with Chocolate Sauce or Muller Corner Yoghurt or Organic Yeo Valley Yoghurt or Selection of Fresh Fruit</p>	<p>Frozen Yoghurt Pots  or Muller Corner Yoghurt or Organic Yeo Valley Yoghurt or Selection of Fresh Fruit</p>